



STANFORD MEDIA RELATIONS

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NCAA Qualifiers

Jillian Camarena, shot put (52-7 1/2)
Lauren Fleshman, 5,000 meters (15:49.84)
Sally Glynn, 5,000 meters (15:58.29)
Gabe Jennings, 800 meters (1:46.83)
Gabe Jennings, 1,500 meters (3:41.18)
Jonathon Riley, 10,000 meters (28:33.71)
Donald Sage, 1,500 meters (3:39.99)
Michael Stember, 800 meters (1:47.17)

NCAA Provisional Qualifiers

Ryan Carroll, 800 meters (1:48.42)
Jason Goff, decathlon (7,428 points)
Seth Hejny, 1,500 meters (3:44.79)
Seth Hejny, 5,000 meters (13:46.81)
Omer Inan, discus (190-10)
Milton Little, long jump (25-7 1/4w)
Thomas Murley, 10,000 meters (29:30.17)
Maureen Onyeagbako, hammer (192-11)
Michael Ponikvar, high jump (7-3 1/2)
Jonathon Riley, 5,000 meters (13:46.06)
Grant Robison, 5,000 meters (13:49.82)
Donald Sage, 1,500 meters (3:43.93)
Donald Sage, 5,000 meters (14:04.94)
Michael Stember, 800 meters (1:48.55)
Michael Stember, 1,500 meters (3:41.80)
Adam Tenforde, 10,000 meters (29:35.03)
Jesse Thomas, 3,000m steopl. (8:49.19)
Chad Wassink, javelin (234-0)
Nick Welihozkiy, hammer (201-45)

Leila Ben-Youssef, pole vault (12-10 3/4)
Maurica Carlucci, 1,500 meters (4:22.91)
Ashley Couper, 1,500 meters (4:20.59)
Kathleen Donoghue, pole vault (13-1 3/4)
Mariel Ettinger, 5,000 meters (16:43.64)
Sally Glynn, 5,000 meters (16:19.96)
Anne Gunnison, 5,000 meters (16:28.91)
Lindsay Hyatt, 800 meters (2:06.58)
Kimberly Stone, high jump (5-10 1/2)
Erin Sullivan, 5,000 meters (16:22.98)
Heather Tanner, 10,000 meters (34:57.26)
Julie Tinker, heptathlon (5,432 pts)
Laura Turner, 3,000 steeple. (10:44.20)
Laura Turner, 5,000 meters (16:35.99)
Elena Villarreal, 5,000 meters (16:20.52)

For Immediate Release: Tuesday, May 15, 2001

Stanford Track & Field Team To Compete at Pacific-10 Championships

Stanford, Ca - The Stanford men's and women's track & field teams will take aim at the Pacific-10 titles when the Cardinal competes at the conference meet at the University of California (May 19-20) ... Last year at the conference meet at the University of Oregon, Stanford's men's team produced its highest finish since 1963 when the Cardinal finished second with 122.5 points ... USC won the men's competition with 154 points ... Stanford women's team finished third with 114 points ... UCLA won the women's title with 167.5 points followed by USC with 161 ... It was the fourth straight season that the Cardinal women had scored 100 or more points at the Pac-10 meet ... Stanford produced conference champions with **Gabe Jennings** in the 1,500 meters, **Brad Hauser** in the 5,000 meters, **Brent Hauser** in the 10,000 meters, **Toby Stevenson** in the pole vault, and **Sally Glynn** in the 3,000 meters.

Stanford Starts

With the Stanford outdoor season reaching the backstretch, Cardinal athletes have put together excellent NCAA and Pac-10 qualifying times and marks ... Sixty-seven athletes (37 women, 30 men) have qualified for the Pac-10 Championships on May 19-20 at California ... Thirty Stanford athletes (16 men, 14 women) have qualified provisionally for the NCAA's, and seven athletes, **Jillian Camarena**, **Lauren Fleshman**, **Sally Glynn**, **Gabe Jennings**, **Jonathon Riley**, **Donald Sage** and **Michael Stember**, have met the NCAA automatic standard.

Pac-10 Potpourri

Several Stanford athletes lead or are near the top of the pack in their respective events in the Pac-10 rankings ... Stanford Olympian **Gabe Jennings** leads the conference in the 800 meters (1:46.83, #1 among American runners in the United States in 2001), Cardinal freshman **Donald Sage** in the 1,500 meters (3:39.99), **Jesse Thomas** in the 3,000 meter steeplechase (8:49.19), **Jonathon Riley** in the 10,000 meters (28:33.71), **Michael Ponikvar** in the high jump (7-3 1/2), **Milton Little** in the long jump (25-7 1/4w), and **Lauren Fleshman** in the 5,000 meters (15:49.84, #2 among American collegiate runners) ... Seven Stanford athletes are ranked #2 in their respective events, **Michael Stember** in the 800 meters (1:47.17), **Gabe Jennings** in the 1,500 meters (3:41.18), **Nick Welihozkiy** in the hammer (201-5), **Chad Wassink** in the javelin (234-0), **Jason Goff** in the decathlon (7,428 points), **Ashley Couper** in the 1,500 meters (4:20.59), and **Sally Glynn** in the 5,000 meters (15:58.29) ... Stanford's men's 800 meter runners rank 1-2-5-6-7 in the Pac-10, Cardinal men rank 1-2-3 in the 1,500 meters, 3-4-5-6 in the men's 5,000 meters, and 2-4-5-7 in the women's 1,500 meters.

National Notes

Jonathon Riley, **Lauren Fleshman**, **Sally Glynn**, **Gabe Jennings**, **Donald Sage**, **Michael Stember** and **Jillian Camarena** are Stanford's NCAA outdoor qualifiers thus far in the 2001 season ... Competing in his first collegiate 10,000 meters, **Riley** ran a 28:33.71 at the Stanford Invitational (3/31) ... **Riley's** time is third-best all-time at Stanford, and tops in the Pac-10 this year ... **Fleshman's** 5,000 meter time of 15:49.84 is #2 for an American collegiate runner this year, a career-best and third-best in school history ... **Glynn** has run 15:58.29, fourth-best in school history ... **Jennings** has run a 1:46.83 in the 800 meters, fastest for an American this year ... That time was set at the Cardinal Qualifier (5/13) ... **Jennings** ran a 3:41.18 in the 1,500 meters at the Cardinal Invitational (5/4) ... **Sage** ran a freshman school record 3:39.99 at the Cardinal Invitational (5/4) ... **Camarena** has a season-best and freshman school record mark of 52-7 1/2 in the shot put ... Thirty Cardinal athletes have qualified provisionally for the NCAA's which will be held May 30-June 2 at the University of Oregon in Eugene.

Pacific-10 Qualifiers

Todd Beyerlein, high jump (6-10 3/4)
Ryan Carroll, 800 meters (1:49.63)
Chris Emme, 5,000 meters (14:31.37)
Jason Goff, decathlon (7,216 points)
Jason Goff, javelin (201-9)
Michael Harte, 110hh (14.41)
Mark Hassell, 800 meters (1:50.38)
Isaac Hawkins, 5,000 meters (14:14.33)
Seth Hejny, 1,500 meters (3:44.79)
Seth Hejny, 5,000 meters (13:46.81)
Andrew Hill, 5,000 meters (14:13.53)
Omer Inan, Discus (190-10)
Gabe Jennings, 800 meters (1:50.54)
Gabe Jennings, 1,500 meters (3:41.18)
Sean Knapp, 3000m steeple (9:07.35)
Milton Little, long jump (25-7 1/4w)
Milton Little, triple jump (49-6 1/4)
Louis Luchini, 5,000 meters (13:53.87)
Warrick McDowell, t. jump (48-10 3/4)
Thomas Murley, 5,000 meters (14:34.65)
Daniel Parris, 5,000 meters (14:11.10)
Michael Ponikvar, high jump (7-3 1/2)
Jonathon Riley, 1,500 meters (3:47.04)
Jonathon Riley, 5,000 meters (13:51.68)
Jonathon Riley, 10,000k (28:33.71)
Grant Robison, 1,500 meters (3:48.24)
Donald Sage, 1,500 meters (3:39.99)
Donald Sage, 5,000 meters (14:04.94)
Michael Stember, 800 meters (1:48.55)
Michael Stember, 1,500 meters (3:41.80)
Jonathan Stevens, 800 meters (1:50.10)
Jonathan Stevens, 1,500 meters (3:47.34)
Adam Tenforde, 5,000 meters (14:34.13)
Jesse Thomas, 3,000k steep. (9:01.66)
Jesse Thomas, 5,000 meters (14:29.05)
Joe Urbanski, 5,000 meters (14:29.24)
Chad Wassink, javelin (234-0)
Nick Welihozkiy, hammer (201-5)
Justin Williams, 110hh (14.53)
Stanley Wilson, 100 meters (10.58)
Stanley Wilson, 200 meters (21.40)

Mira Aldridge, high jump (5-7)
Caroline Annis, 1,500 meters (4:35.68)
Caroline Annis, 3,000 meters (9:42.07)
Caroline Annis, 5,000 meters (17:01.05)
Ashley Beatty, javelin (151-8)
Leila Ben-Youssef, p. vault (12-10 3/4)
Lillian Bush, heptathlon (4,811 points)
Lillian Bush, 100hh (14.12)
Lillian Bush, long jump (19-0 3/4)
Jillian Camarena, discus (154-4)
Jillian Camarena, shot put (52-7)
Maurica Carlucci, 800 meters (2:07.78)
Maurica Carlucci, 1,500 meters (4:22.91)
Victoria Chang, 5,000 meters (16:44.82)
Wilsa Charles, 100 meters (12.00)
Ashley Couper, 800 meters (2:07.52)
Ashley Couper, 1,500meters (4:23.05)
Kathleen Donoghue, p. vault (13-1 3/4)
Whitney Drumright, javelin (144-10)
Malindi Elmore, 800 meters (2:07.83)
Malindi Elmore, 1,500 meters (4:24.52)
Mariel Ettinger, 1,500 meters (4:35.42)

Collegiate Catalogue

Gabe Jennings' time of 1:46.83 in the 800 meters is #1 among American runners this year and #3 among all collegiate runners this year ... **Michael Stember** is fourth nationally in the 800 meters at 1:47.71 ... The national collegiate leader is **Otukie Lekote** of South Carolina at 1:44.76 ... **Donald Sage** is fourth (3:39.99), **Jennings** is fifth (3:41.18) and **Stember** is seventh (3:41.80) nationally in the 1,500 meters ... The national leader is **Bryan Berryhill** of Colorado State at 3:37.33 ... **Jonathon Riley** is seventh (13:46.06) in the nation, **Seth Hejny** is eighth (13:46.81) and **Grant Robison** is tenth (13:49.82) in the 5,000 meters ... **Matt Lane** of Williams & Mary is the nation's leader at 13:25.28 ... **Lane** also leads collegiate runners in the 10,000 meters (28:28.97) ... **Riley** is third at 28:33.71 ... **Lauren Fleshman** is #2 among collegiate runners in the 5,000 meters (15:49.84), while **Sally Glynn** is sixth at 15:58.29 ... **Kara Grgas-Wheeler** of Colorado leads collegiate runners at 15:41.78.

Record Review

Eight school records have already been broken this year ... **Chad Wassink** broke the 13-year old school record in the javelin with a career-best throw of 234-0 in the javelin at the Mt. Sac Relays (4/22) ... That broke the 1988 record of **Dave Pickett** at 233-11 ... **Kathleen Donoghue** broke the school record in the pole vault at 13-1 3/4 at the Mt. Sac Relays (4/21) ... **Jessica Pluth** broke the freshman record in the hammer with a toss of 187-0 at the Stanford Invitational (4-1) ... **Pluth** easily broke the previous record of 163-10 by **Maggie Isaac** in 1997 ... **Pluths'** effort is also third-best overall all-time at Stanford ... **Maureen Onyeagbako** broke the school record in the hammer at the Big Meet (5/5) with a toss of 192-11 ... **Jillian Camarena** broke the freshman school record in the shot put with a throw of 52-7 1/2 at the Pomona-Pitzer Meet (4/20) ... **Camarena's** toss broke the 15-year old record of **Patty Purpur (50-9 3/4)** ... **Camarena's** shot put effort is fourth-best all-time overall at Stanford ... **Donald Sage** broke the freshman school record in the 1,500 meters with a time of 3:39.99 at the Cardinal Invitational (5/4) ... **Sage's** time is the freshman collegiate best this year, and fifth-best overall all-time at Stanford ... The 4 x one mile relay team not only won the Penn Relays championship but also broke the school record ... The team of **Seth Hejny, Donald Sage, Jonathon Riley** and **Michael Stember** raced to a victory in a time of 16:15.70, shattering the old school record of 16:23.16 in 1998 ... The women's 4 x 800 meter relay team of **Ashley Couper, Lindsay Hyatt, Katie Hotchkiss** and **Maurica Carlucci** set a school record with a time of 8:32.26 at the Penn Relays.

Stanford's Top Athletes (NCAA Automatic & Provisional Qualifiers)

Leila Ben-Youssef, Freshman, Sidney, Mt

An NCAA provisional qualifier in the pole vault (12-10 3/4) ... That mark is #10 in the Pac-10 this year, and third-best all-time at Stanford ... A three-time AAU Junior Olympic champion and record holder in the pole vault.

Jillian Camarena, Freshman, Woodland, Ca

The #1 ranked high school senior shot putter in the United States last year ... A former California state champion in the discus and shot put ... Qualified for the NCAA's in the shot put with a freshman school record of 52-7 1/2 (#5 in the Pac-10) ... Also a Pac-10 qualifier in the discus (154-4).

Maurica Carlucci, Junior, Franklin, Ma

An NCAA provisional qualifier in the 1,500 meters (4:22.91) ... Also a Pac-10 qualifier in the 800 meters (2:07.78) ... Also a member of the nationally-ranked Cardinal cross country team.

Ryan Carroll, Senior, Merced, Ca

Qualified provisionally for the NCAA's with a time of 1:48.42 in the 800 meters ... That time is seventh all-time in the Stanford history books ... A Pac-10 finalist in the 800 meters the last two seasons.

Ashley Couper, Senior, Pembroke, Bermuda

An NCAA provisional qualifier in the 1,500 meters (4:20.59) ... That time is #2 in the Pac-10 this year, and eighth-best all-time at Stanford ... A Pac-10 qualifier in the 800 meters (2:07.52, #5 all-time at Stanford) ... A transfer from the University of Vermont.

Pacific-10 Qualifiers - Continued

Mariel Ettinger, 5,000 meters (16:43.64)
Melissa Feinstein, pole vault (12-4 1/2)
Colleen Flaherty, 1,500 meters (4:34.03)
Lauren Fleshman, 800 meters (2:08.69)
Lauren Fleshman, 1,500 meters (4:21.69)
Lauren Fleshman, 3,000 meters (9:41.44)
Lauren Fleshman, 5,000k (15:49.84)
Lauren Fletcher, shot put (45-4 1/2)
Sally Glynn, 1,500 meters (4:21.31)
Sally Glynn, 5,000 meters (15:58.29)
Anne Gunnison, 1,500 meters (4:28.92)
Anne Gunnison, 5,000 meters (16:20.91)
Katie Hotchkiss, 1,500 meters (4:29.87)
Lindsay Hyatt, 800 meters (2:08.24)
Ashley Ivy, high jump (5-7)
Lindsey Johnson, 100hh (13.74w)
Jillian Mastroianni, 5,000k (17:21.88)
Molly Meyer, discus (153-7)
Maureen Onyeagbako, hammer (192-11)
Shannon Overly, long jump (19-1.5)
Shannon Overly, triple jump (39-8)
Jessica Pluth, hammer (187-0)
Jayna Smith, 200 meters (23.94)
Jayna Smith, 400 meters (53.81)
Danielle Spurlock, 400 IH (60.54)
Kimberly Stone, high jump (5-10 1/2)
Erin Sullivan, 1,500 meters (4:37.72)
Erin Sullivan, 5,000 meters (16:22.98)
Julie Tinker, heptathlon (5,432 points)
Julie Tinker, 100hh (14.76)
Julie Tinker, high jump (5-10)
Julie Tinker, long jump (20-2 1/2w)
Julie Tinker, triple jump (39-3 3/4)
Laura Turner, 1,500 meters (4:27.52)
Laura Turner, 3,000 steep. (10:21.26)
Laura Turner, 5,000 meters (16:35.99)
Elena Villarreal, 1,500 meters (4:28.99)
Elena Villarreal, 5,000 meters (16:20.52)
Robyn Woolfolk, 100hh (13.87w)

Stanford Top Finishes - Pac-10's Men

2nd - 1963 (64)
2nd - 2000 (122.5 points)
3rd - 1999 (105.5)
3rd - 1962 (50)

Women

2nd - 1998 (136 points)
3rd - 1997 (110)
3rd - 2000 (114)

Pac-10 Coach of the Year (Men)

2000 - Vin Lananna

Pac-10 Athlete of the Year (Men)

1976 - Tony Sandoval

Pac-10 Athlete of the Year (Women)

1992 - Chryste Gaines

Kathleen Donoghue, Sophomore, San Diego, Ca

An NCAA provisional qualifier in the pole vault with a school record leap of 13-1 3/4 ... The reigning U.S. Junior National champion in the pole vault, who also competed at the 2000 U.S. Olympic Trials.

Mariel Ettinger, Sophomore, LaGrande, Or

An NCAA provisional qualifier in the 5,000 meters (16:43.64) ... Also a conference qualifier in the 1,500 meters (4:35.42) ... Competed on the nationally-ranked Stanford cross country team.

Lauren Fleshman, Sophomore, Canyon Country, Ca

An NCAA qualifier in the 5,000 meters (15:49.84) ... Her time is #2 for an American collegiate runner this year, a career-best and third-best in school history ... A six-time All-American in track and cross country at Stanford ... Has qualified for the Pac-10 championships in the 800 meters (2:08.69), 1,500 meters (4:21.69, #5 in the Pac-10), and 5,000 meters (15:49.84, #1 in the Pac-10) ... The American junior record holder in the 5,000 meters ... Voted the Pac-10 Track & Field Co-Newcomer of the Year in 2000.

Sally Glynn, Senior, Rockville, Md

A nine-time All-American ... Ranks in Stanford's all-time Top-10 in three events, earning her a spot as one of Stanford's best distance runners ... Has qualified for the NCAA's with a time of 15:58.29 in the 5,000 meters, #2 in the Pac-10 ... That time is fourth-best in school history ... An NCAA provisional qualifier in the 1,500 meters (4:21.31, #4 in the Pac-10).

Jason Goff, Sophomore, Turner, Or

One of the top decathletes in the Pac-10 ... Has a career-best total of 7,428 points, an NCAA provisional mark, and third-best in school history ... His point total of 7,428 points this year is #2 in the Pac-10.

Anne Gunnison, Senior, Sacramento, Ca

An NCAA provisional qualifier in the 5,000 meters (16:28.91) ... A Pac-10 qualifier in the 1,500 meters (4:28.92) ... A veteran member of both the track and cross country teams.

Seth Hejny, Freshman, Grand Junction, Co

An NCAA provisional qualifier in the 1,500 meters (3:44.79) and 5,000 meters (13:46.81) ... His 5,000 meter time is sixth-best all-time at Stanford ... Gained All-America honors in the 3,000 meters at the 2001 NCAA Indoors ... Helped lead the 2000 Stanford cross country team to the Pac-10 and NCAA West Regional title, and fourth place at the NCAA's.

Lindsay Hyatt, Sophomore, Auburn, Ca

A two-time All-American ... Already has established as one of Stanford's best ever middle distance runners ... An NCAA provisional qualifier in the 800 meters (2:06.58), and sixth-best in the Pac-10 this year ... Placed fourth at the conference meet in the 800 meters as a freshman last year.

Omer Inan, Sophomore, Beaverton, Or

Has an NCAA provisional mark of 190-10 in the javelin, #3 in the Pac-10 this year, and #3 all-time at Stanford ... Placed fourth in the discus as a freshman last year at the Pac-10's.

Gabe Jennings, Junior, Madison, Wi

One of the top distance runners in the United States ... A 2000 U.S. Olympian in the 1,500 meters ... Won the U.S. Olympic Trials in the 1,500 meters ... A nine-time All-American ... An NCAA qualifier in the 800 meters (1:46.83) and 1,500 meters (3:41.18) ... His 800 meter time is #1 for an American in the United States this year ... His 1,500 meter time is #2 in the Pac-10 this year ... Helped lead Stanford to victory in the distance medley relay at the 2001 NCAA Indoors ... A four-time NCAA champion (indoor mile, 1,500 meters, two-times dmr) ... Helped lead Stanford to the 2000 NCAA outdoor championship ... The defending Pac-10 champion in the 1,500 meters.

Pac-10 Champions - Stanford Men

200 Meters

1997 - Jimmie Johnson

800 Meters

1990 - David Strang

1991 - David Strang

1,500 Meters

1990 - Bill Crowley

2000 - Gabe Jennings

5,000 Meters

2000 - Brad Hauser

10,000 Meters

1976 - Tony Sandoval

1997 - Rob Reeder

1999 - Nathan Nutter

2000 - Brent Hauser

Decathlon

1994 - Travis Clark

Discus

1961 - Dave Weill

1962 - Dave Weill

1963 - Dave Weill

1965 - Bob Stoecker

Hammer

1980 - Rick Buss

1981 - Dave Thomson

1992 - Dave Popejoy

High Jump

1986 - Brian Marshall

1988 - Brian Marshall

1999 - Michael Ponikvar

Long Jump

1960 - John Kelly

1962 - Dan Moore

1963 - Dan Moore

1967 - Bud Walsh

1977 - James Lofton

1978 - James Lofton

1991 - Marcus Hickerson

Pole Vault

1965 - Jim Eshelman

2000 - Toby Stevenson

Shot Put

1977 - Terry Albritton

Triple Jump

1970 - Allen Meredith

Pac-10 Meet Records - Stanford

10,000k - Carol Gray (33:41.8, 1988)

HJ - Brian Marshall (7-5 3/4, 1988)

PV - Toby Stevenson (18-9 1/4, 2000)

Pac-10 Future Sites

2007 - Stanford

NCAA Team Championships

1925 - Stanford (Men)

1928 - Stanford (Men)

1934 - Stanford (Men)

2000 - Stanford (Men)

Milton Little, Sophomore, Portsmouth, RI

Has produced an NCAA provisional mark of 25-7 1/4w in the long jump, #1 in the Pac-10 ... His career-best (non wind-aided) is 25-4 3/4, which is fifth-best in school history ... Has a Pac-10 qualifying leap of 49-6 1/4 in the triple jump ... That leap is a career-best.

Thomas Murley, Senior, Elizabethtown, Ky

An NCAA provisional qualifier in the 10,000 meters ... Ran a 29:30.17 at the Cardinal Invitational on May 4 to qualify ... That time is sixth-best in the conference this year ... Has a career-best of 28:53.70 set last year.

Maureen Onyeagbako, Senior, Sparks, Nv

The school record holder in the hammer (192-11) ... Set the mark at the Big Meet against California (5/5) ... An NCAA provisional qualifier ... Team captain ... A Pac-10 finalist last year.

Michael Ponikvar, Sophomore, Crescent, Ontario, Canada

An NCAA provisional qualifier in the high jump at 7-3 1/2 ... That jump leads the Pac-10 and is second all-time at Stanford ... The 1999 Pac-10 high jump champion as a freshman (7-0 1/2) ... He became the school's first Pac-10 high jump champion since Brian Marshall in 1988.

Jonathon Riley, Junior, Brookline, Ma

A 13-time All-American ... Widely recognized as one of the nation's top middle distance and cross country runners ... Qualified for the NCAA's with a time of 28:33.71 in the 10,000 meters, a time that is fifth-best in school history ... His 10,000 time is #1 in the Pac-10 this year ... An NCAA provisional qualifier in the 5,000 meters (13:46.06) ... That time is #3 in the Pac-10 ... During the 2000 indoor season, ran the anchor leg on the world record setting distance medley relay team at 9:28.83 ... Won the Pac-10 cross country title in 2000.

Grant Robison, Freshman, San Angelo, Tx

An NCAA provisional qualifier in the 5,000 meters (13:49.82) ... That time is fifth-best in the Pac-10 this year, and sixth all-time at Stanford ... A Pac-10 qualifier in the 1,500 meters (3:48.24) ... A member of the Pac-10 and NCAA West champion cross country team ... Returned to Stanford after a two-year Mormon mission.

Donald Sage, Freshman, Elmhurst, Il

Ran the 1,500 meters in 3:39.99 at the Cardinal Invitational on May 4 ... His 1,500 meter time is #1 in the Pac-10, #1 for a collegiate freshman this year and fourth-best overall this year for a collegiate runner ... Competed on Stanford's Pac-10 winning cross country team, and helped the Cardinal to a fourth place national finish ... Has an NCAA provisional time of 14:04.94 in the 5,000 meters.

Michael Stember, Senior, Fair Oaks, Ca

Team Captain ... One of the nation's premier middle distance runners, who has seen substantial international competition as a member of several United States teams ... A 2000 U.S. Olympian in the 1,500 meters ... An NCAA qualifier in the 800 meters (1:47.17) and an NCAA provisional qualifier in the 1,500 meters (3:41.80) ... His 800 meter time is #2 in the Pac-10, and his 1,500 meter time is #3 in the conference ... Played a pivotal role in Stanford's winning the NCAA outdoor title in 2000 ... Scored 13 team points with a second place showing in the 1,500 meters and fourth place in the 800 meters ... The school record holder in the 800 meters (1:46.20), and the 1,500 meters (3:35.11) ... Finished second in the 1,500 meters and fourth in the 800 meters at the Pac-10 meet last year.

Kimberly Stone, Sophomore, Salinas, Ca

An NCAA provisional qualifier with a leap of 5-10 1/2 ... That mark is #3 in the Pac-10 this year, and fourth all-time at Stanford ... Placed seventh at the conference meet last year.

Pac-10 Champions - Stanford Women

100 Meters

1990 - Chryste Gaines

1991 - Chryste Gaines

1992 - Chryste Gaines

1,500 Meters

1990 - Melanie Bloch

10,000 Meters

1988 - Carol Gray

1994 - Louise Watson

1997 - Sarna Renfro

Heptathlon

1990 - Peggy Odita

1997 - Tracye Lawyer

1998 - Tracye Lawyer

1999 - Tracye Lawyer

Javelin

1988 - Erica Wheeler

1994 - Jenny McCormick

Long Jump

1992 - Jackie Edwards

Pole Vault

1998 - Melissa Feinstein

Triple Jump

1991 - Jackie Edwards

Schedule of Events

Saturday, May 19

Field Events

10:00 a.m. - Men's Hammer Final

Noon - Women's Shot Put Final

12:30 p.m. - Men's Long Jump Final

1:45 p.m. - Women's Javelin Final

2:30 p.m. - Men's Shot Put Final

3:00 p.m. - Women's L. Jump Final

3:15 p.m. - Men's Pole Vault Final

4:15 p.m. - Men's Javelin Final

Running Events

1:00 p.m. - 400M Relays (M. Qual)

1:10 p.m. - 400M Relays (W. Qual)

1:25 p.m. - Women's 1,500m Qual

1:40 p.m. - Men's 1,500m Qual

1:55 p.m. - Women's 100h Qual

2:10 p.m. - Men's 110hh Qual

2:25 p.m. - Women's 400m Qual

2:40 p.m. - Men's 400m Qual

2:55 p.m. - Women's 100m Qual

3:10 p.m. - Men's 100m Qual

3:25 p.m. - Women's 800m Qual

3:40 p.m. - Men's 800m Qual

3:55 p.m. - Women's 3k Steep. Final

4:15 p.m. - Men's 3k Steep. Final

4:30 p.m. - Women's 400IH Qual

4:45 p.m. - Men's 400IH Qual

5:00 p.m. - Women's 200m Qual

5:15 p.m. - Men's 200m Qual

5:30 p.m. - Women's 10k Final

6:15 p.m. - Men's 10k Final

Erin Sullivan, Sophomore, Jericho, Vt

A two-time All-American ... An NCAA provisional qualifier in the 5,000 meters (16:22.98) ... That time is ninth-best in the Pac-10 ... Finished second in the 5,000 meters as a freshman last year in Eugene ... Finished third in the 3,000 meters at the Pac-10's in 2000 ... Has a career-best of 16:11.14, set last year as a freshman ... Also a member of the nationally-ranked Stanford cross country team.

Heather Tanner, Senior, Huntsville, Al

An NCAA provisional qualifier in the 10,000 meters (34:57.26) ... That time is fifth-best in the Pac-10 this year, and ninth all-time at Stanford ... A transfer from the University of North Carolina where she finished tenth in the 10,000 meters at the NCAA's last year.

Adam Tenforde, Sophomore, Richland, Wa

An NCAA provisional qualifier in the 10,000 meters (29:35.03) ... That time is seventh-best in the Pac-10 this year ... Also competes on Stanford's nationally-ranked cross country team.

Jesse Thomas, Junior, Bend, Or

An NCAA provisional qualifier in the 3,000 meters (8:49.19) ... That time is fourth best all-time at Stanford ... Also a member of the nationally-ranked Stanford cross country team.

Julie Tinker, Senior, Sacramento, Ca

Produced a career-best 5,432 points at the Pac-10 Multi's to finish third ... Her point total is an NCAA provisional mark ... Her point total is third-best in school history ... Team co-captain.

Laura Turner, Sophomore, Portsmouth, RI

An NCAA provisional qualifier in the 3,000 meter steeplechase (10:21.26) and 5,000 meters (16:35.99) ... Her steeplechase time is third-best in the Pac-10 this year ... At the Pac-10's last year, finished seventh in the 3,000 meters and ninth in the 5,000 meters ... Also a Pac-10 qualifier in the 1,500 meters (4:27.52).

Elena Villarreal, Senior, Englewood, Co

An NCAA provisional qualifier in the 5,000 meters (16:20.52) ... That time is seventh-best in the Pac-10 this year ... Placed fifth in the conference meet in the 5,000 meters last year ... Also a Pac-10 qualifier in the 1,500 meters (4:22.99).

Chad Wassink, Junior, Kalispell, Mt

The school record holder in the javelin (234-0) ... His throw is #2 in the Pac-10 this year ... An NCAA provisional qualifier in the javelin ... Placed third at the conference meet last year, and competed at the NCAA's.

Nick Welihozkiy, Sophomore, Springfield, Wa

An NCAA provisional qualifier in the hammer at 201-5 ... That mark is #2 in the Pac-10 this year, and tenth-best in school history.

Sunday, May 20

Field Events

9:30 a.m. - Women's Hammer Final

Noon - Men's High Jump Final

12:15 p.m. - Men's T. Jump Final

12:30 p.m. - Women's Discus Final

1:00 p.m. - Women's Pole Vault Final

2:30 p.m. - Women's T. Jump Final

3:00 p.m. - Women's H. Jump Final

3:00 p.m. - Men's Discus Final

Running Events

1:00 p.m. - W. 400m Relay Final

1:08 p.m. - M. 400m Relay Final

1:15 p.m. - Women's 1,500m Final

1:25 p.m. - Men's 1,500m Final

1:35 p.m. - Men's 110H Final

1:45 p.m. - Women's 100h Final

1:55 p.m. - Women's 400m Final

2:05 p.m. - Men's 400m Final

2:15 p.m. - Women's 100m Final

2:25 p.m. - Men's 100m Final

2:35 p.m. - Women's 800m Final

2:45 p.m. - Men's 800m Final

2:55 p.m. - Women's 400H Final

3:05 p.m. - Men's 400IH Final

3:15 p.m. - Women's 200m Final

3:25 p.m. - Men's 200m Final

3:35 p.m. - Women's 5,000 Meters Final

3:55 p.m. - Men's 5,000 Meters Final

4:15 p.m. - Women's 1,600m Relay Final

4:25 p.m. - Men's 1,600m Relay Final

Record Review

Stanford has enjoyed an outstanding season in outdoor track & field this year ... That is reflected on where several Cardinal athletes rank on the school's all-time Top-10 varsity list ... All Top-10 times and marks are non-wind aided.

1. Kathleen Donoghue, pole vault, 13-1 3/4
1. Maureen Onyeagbako, hammer, 192-11
1. Chad Wassink, javelin, 234-0
2. Michael Ponikvar, high jump, 7-3 1/2
3. Leila Ben-Youssef, pole vault, 12-10 3/4
3. Jillian Camarena, shot put, 52-7 1/2
3. Lauren Fleshman, 5,000 meters, 15:49.84
3. Jason Goff, decathlon, 7,428 points
3. Omer Inan, discus, 190-10
3. Gabe Jennings, 800 meters, 1:46.83
3. Jessica Pluth, hammer, 187-0
3. Julie Tinker, heptathlon, 5,432 points
4. Ashley Couper, 800 meters, 2:05.82
4. Sally Glynn, 5,000 meters, 15:58.29
4. Lindsey Johnson, 100 meters, 13.91
4. Kimberly Stone, high jump, 5-10 1/2
4. Jesse Thomas, 3,000 meter steeplechase, 8:49.19
4. 400 meter relay, 45.70
5. Milton Little, long jump, 25-4 3/4
5. Jonathon Riley, 10,000 meters, 28:33.71
5. Donald Sage, 1,500 meters, 3:39.99
6. Maurica Carlucci, 800 meters, 2:07.78
6. Whitney Drumright, javelin, 144-10
6. Seth Hejny, 5,000 meters, 13:46.81
6. Jayna Smith, 200 meters, 23.94
6. Julie Tinker, long jump, 19-9
6. Christy Von der Ahe, pole vault, 11-4 1/2
7. Ryan Carroll, 800 meters, 1:48.42
7. Malindi Elmore, 800 meters, 2:07.83
7. Grant Robison, 5,000 meters, 13:49.82
7. Stanley Wilson, 100 meters, 10.58
7. 1,600 meter relay, 3:11.73
8. Lillian Bush, heptathlon, 4,811 points
8. Ashley Couper, 1,500 meters, 4:20.59
8. Kitty Currier, hammer, 133-5
8. Shannon Overly, long jump, 19-1 1/2
8. Lindsey Johnson, 100 meters, 12.33
8. 1,600 meter relay, 3:46.54
9. Lillian Bush, long jump, 19-0 3/4
9. Molly Meyer, hammer, 127-10
9. Heather Tanner, 10,000 meters, 34:57.26
10. Lillian Bush, long jump, 19-0 3/4
10. Nick Welihozkiy, hammer, 201-5
10. Stanley Wilson, 200 meters, 21.40

Frosh Facts

The Stanford track & field program is strong and getting stronger ... That is reflected by what has been accomplished by the freshman class this year ... This group has made a sizable dent in the freshman record book in 2001.

1. Jillian Camarena, shot put, 52-7 1/2
1. Jessica Pluth, hammer, 187-0
1. Donald Sage, 1,500 meters, 3:39.99
2. Lindsey Johnson, 100 meter hurdles, 13.91
2. Stanley Wilson, 100 meters, 10.58
3. Lillian Bush, 100 meter hurdles, 14.12
3. Lillian Bush, long jump, 19-10 3/4
3. Kitty Currier, hammer, 133-5
3. Seth Hejny, 5,000 meters, 13:46.81
3. Sean Knapp, 3,000 meter steeplechase, 9:07.35
3. Stanley Wilson, 200 meters, 21.40
4. Lillian Bush, heptathlon, 4,811 points
4. Molly Meyer, hammer, 127-10
4. Grant Robison, 5,000 meters, 13:49.82
4. Christy Von de Ahe, pole vault, 11-4 1/2